

# Monthly Activities Calendar\*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 2:00 Art History Lecture 3:40 Wii Bowling	2 9:35 Scattegories 1:30 Exercise Class	3 9:45 Wii Bowling 2:00 Live Musical Entertainment	4 9:30 Tapping Therapy 1:30 Balloon Volleyball 2:45 Strolling Harp	5 9:40 Singing Hour Social 6:00 Bingo with Prizes	6 11:30 Music and Manicures 2:30 Movie and Munchies
7 1:30 Social Hour	8 2:00 Art History Lecture 3:15 Card Game Tournaments	9 11:30 Outing: Trip to Shady Maple 1:30 Sit and Stretch Class	10 10:00 Tai Chi 3:00 Religion & Ethics Lecture Series	11 9:45 Cooking Club 10:30 Exercise Class 1:30 Movie Matinée	12 2:00 Crafts with Gloria 7:00 Art Reception for Local Artist Spotlight	13 11:30 Music and Manicures 1:30 Yoga Class 3:00 Crazy 8's
14 11:00 Hand Massages 1:30 Live Musical Entertainment	15 9:35 Coffee and Music 10:30 Painting Class 2:00 Art History Lecture	16 9:35 News & Views Group Discussion of Current Events	17 9:45 Wii Bowling 11:15 Tea for Two Social Hour 2:00 Crafts with Gloria	18 1:30 Balloon Volleyball 3:30 Musical Entertainment featuring Dancers	19 9:40 Singing Hour Social 10:30 Trivia Competition with Prizes	20 10:00 Early Bird Puzzle Games 11:30 Music and Manicures 1:30 Laughter Yoga
21 1:30 Noodle Hockey	22 9:30 Pet Visits! 1:40 Scrabble Tournament 2:00 Art History Lecture	23 9:40 YouTube & You-Lecture on Technology at any Age 1:30 Sit and Stretch Class	24 2:00 Puzzle Challenges with Prizes 3:00 Religion & Ethics Lecture Series	25 10:15 Cookie Decorating 10:30 Exercise Class 2:00 Themed Social	26 1:30 Intergeneration Games & Snacks	27 11:30 Music and Manicures 1:30 Yoga Class
28 1:30 Social Hour	29 2:00 Art History Lecture 7:00 New Resident Social	30 7:00 Resident Birthday Celebration!				

\*Sample Monthly Calendar reflects a selection of community activities based on previous monthly activity schedules. Current activities calendar may vary. Please contact sales manager for the current month's calendar for community activities.